I declare I was not yet three years old when my mother sent off one of my sisters, older than I, to learn to read in one of those girls’ schools that they call Amigas. Affection and mischief carried me after her; and when I saw that they were giving her lessons, I so caught fire with the desire to learn that, deceiving the teacher (or so I thought), I told her that my mother wanted her to teach me also. She did not believe this, for it was not to be believed; but to humor my whim she gave me lessons. I continued to go and she continued to teach me, though no longer in make-believe, for the experience undeceived her. I learned to read in such a short time that I already knew how by the time my mother heard of it.

Later, when I was six or seven years old and already knew how to read and write, along with all the other skills like embroidery and sewing that women learn, I heard that in Mexico City there were a university and schools where they studied the sciences. As soon as I heard this, I began to pester my mother with insistent and annoying pleas, begging her to dress me in men’s clothes and send me to the capital, to the home of some relatives she had there, so that I could enter the university and study. She refused, and was right in doing so; but I quenched my desire by reading a great variety of books that belonged to my grandfather, and neither punishments nor scoldings could prevent me. And so when I did go to Mexico City, people marveled not so much at my intelligence as at my memory and the facts I knew at an age when it seemed I had scarcely had time to learn to speak.

I took the veil because, although I knew I would find in religious life many things that would be quite opposed to my character (I speak of accessory rather than essential matters), it would, given my absolute unwillingness to enter into marriage, be the least unfitting and most decent state I could choose, with regard to the assurance I desired of my salvation. For before this first concern (which is, at the last, the most important), all the impertinent little follies of my character gave way and bowed to the yoke. These were wanting to live alone and not wanting to have either obligations that would disturb my freedom to study or the noise of a community that would interrupt the tranquil silence of my books.

Well, and what, then, shall I tell you, my Lady, of the secrets of nature that I have learned while cooking? I observe that an egg becomes solid and cooks in butter or oil, and on the contrary that it dissolves in sugar syrup. . . . I shall not weary you with such inanities, which I relate simply to give you a full account of my nature, and I believe this will make you laugh. But in truth, my Lady, what can we women know, save philosophies of the kitchen? It was well put by Lupercio Leonardo that one can philosophize quite well while preparing supper. I often say, when I make these little observations, “Had Aristotle cooked, he would have written a great deal more.”